## BIDHANNAGAR COLLEGE Salt Lake, Kolkata – 700064

Notice No 143 Dated: 8.8.22

A session on "Protect inner well being, Reduce Stress and Promote Happiness" will take place on 13<sup>th</sup> August (Saturday) at 01.00 pm. The session will include an interactive talk, short guided meditation etc. All faculty members and non-teaching staff members are requested to attend the programme.

**Principal** 

**Bidhannagar College** 

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