

NSS ACTIVITIES
ACADEMIC SESSION: 2014-2015

No. of Activities Performed: **04**

ACTIVITY NO.1

1. Name of the Event & Date of Each activity :
World Aids Day Celebration through Awareness Program held on 1st December, 2014.
2. Title of the Program :
Awareness Program on AIDS.
3. Organisation/Institute/Speaker Associated in the Scheme :
West Bengal State Aids Prevention and Control Society, Swasthya Bhavan, GN -29, sector-V, Salt Lake, Kolkata-91. Speakers-Mrs. Sumita Samanta, Assistant Director, West Bengal State Aids Prevention and Control Society, Mr. Jagadish Chandra Jana, an AIDS Patient who recovered from the disease.
4. Nature of participation : Teacher/Student/Office Staff/Individuals from outside :
Students, Teachers and non teaching staff of Bidhannagar College took part in this Program.
5. No. of Participants/Audience/Respondents in each Program :
20 Teachers and 120 students and 15 non teaching staff took part in this Program.
6. Nature of Social Outcome. Consequences of each Program :
The NSS Unit of Bidhannagar College organized a seminar cum awareness Program on AIDS on 1st December, 2014 –celebrated as WORLD AIDS DAY. The West Bengal State Aids Prevention and Control Society, Swasthya Bhavan, GN -29, sector-V, Salt Lake, Kolkata-91 took part in this Program . Mrs. Sumita Samanta, Assistant Director, West Bengal State Aids Prevention and Control Society, attended the Program with her group members in this awareness Program. Mrs. Samanta delivered a lecture on AIDS and its prevention through power point presentation. Mrs. Samanta discussed elaborately about the disease AIDS and how the same can be prevented. She emphasized on public awareness to grow about the disease and the students can play a very great role in forming this awareness among common people.

Interestingly, Mr. Jagadish Chandra Jana, an AIDS victim and a member of West Bengal State Aids Prevention and Control Society, took part in this Program and he delivered a lecture on AIDS and told the stories about –how he came to know about his disease and what hard challenges he had to face at that time and ultimately how he conquered the disease with the help of his family members and other friends. The audience listened to him with great care and attention and everyone was inspired at this incident.

Then a group of four persons from West Bengal State Aids Prevention and Control Society presented an act which depicted how the disease could be detected combated and the society could be free from AIDS.

The students and teachers interacted with the speakers with great interest and the Program was a great success.

Almost 100 students, 20 teachers and 10 non teaching staff attended the Program.

The Program Officer, volunteers and the other members of the NSS Unit of Bidhannagar College conducted the Program smoothly and efficiently.

ACTIVITY NO.2

1. Name of the Event & Date of Each activity :
 - (i) Thalassemia screening test held on 25/03/2015
2. Title of the Program :
 - (i) Seminar on Thalassemia and Screening Test
3. Organisation/Institute/Speaker Associated in the Scheme :

Department of Haematology, N.R.S. Medical College and Hospital, Kolkata, Speaker- Dr. Tuhin Subhra Gayen, Medical Officer, N.R.S. Medical College and Hospital, Associates in the screening test are Miss Mou Mukherjee, Mrs. Arpita De, Counsellor, Mr. Angsuman Chatterjee, Mr. Palash Samanta, Medical Technologist, Mr. Siddhartha Guha Thakurtha, Medical assistant.
4. Nature of participation : Teacher/Student/Office Staff/Individuals from outside :

Students, Teachers and non teaching staff of Bidhannagar College took part in this Program.
5. No. of Participants/Audience/Respondents in each Program :

20 Teachers and 125 students and 10 non teaching staff took part in this Program.

6. Nature of Social Outcome. Consequences of each Program :

The NSS Unit of Bidhannagar College organized a seminar on "THALASSEMIA" and conducted a "THALASSEMIA SCREENING TEST" on 25th March, 2015 at Bidhannagar College. The Haematology Department , N.R.S. Medical College and Hospital, Kolkata, took part in this Program. Dr. Tuhin Subhra Gayen, Medical Officer, N.R.S. Medical College and Hospital, delivered a lecture on Thalassemia elegantly. The students, teachers and non teaching staff of the college attended the Program. The students and teachers interacted with DR. GAYEN regarding Thalassemia and the students enjoyed thoroughly the seminar and they learned a lot about the subject.

Almost 125 students, 20 teachers and 10 non teaching staff attended the seminar.

After the seminar, Thalassemia screening test were conducted and about 91 students went through this screening test of thalassemia. Miss Mou Mukherjee, Mrs. Arpita De, Counsellor, Mr. Angsuman Chatterjee, Mr. Palash Samanta, Medical Technologist, Mr. Siddhartha Guha Thakurtha, Medical Assistant, conducted the screening test.

There was an overwhelming response from the part of the students and they spontaneously went through Thalassemia screening test.

The Medical Officer of N.R.S. Medical College and Hospital will separately call the students of Thalassemia carrier at N.R.S. Medical College along with their parents for counseling in due course.

The Program was a great success.

The Program Officer, volunteers and the other members of the NSS Unit of Bidhannagar College conducted the Program smoothly and efficiently.

ACTIVITY NO.3

1. Name of the Event & Date of Each activity :

Seminar on General Health Awareness and General Health Check up held on 30/03/2015

2. Title of the Program :

Community and Lifestyle diseases awareness

3. Organisation/Institute/Speaker Associated in the Scheme :

The Central Calcutta Society for advancement of Human development and Research, Speakers-Dr. M.S.Banerjee, Gynaecologist, Professor(retired) Director, OBS, IPGMER and Medical College., Kolkata, and Dr. Shabanna Roze Choudhury.

4. Nature of participation : Teacher/Student/Office Staff/Individuals from outside :
Students, Teachers and non teaching staff of Bidhannagar College took part in this Program.
5. No. of Participants/Audience/Respondents in each Program :
20 teachers, 115 students and 10 non teaching staff took part in this Program.
6. Nature of Social Outcome. Consequences of each Program :
The NSS Unit of Bidhannagar College organized a Program on “Community and Lifestyle diseases: awareness” and a general Health check up among students, teachers and non teaching staff of Bidhannagar College. The Central Calcutta Society for advancement of Human development and Research took part in this Program. Noted Gynaecologist, Dr. M.S. Banerjee, delivered lecture on women health and food habits to prevent obesity, diabetes and P.C.O.D. and other women health related hazards. The students, teachers enjoyed the lecture very much and interacted with Dr. Banerjee with great interest and enthusiasm. Dr. Shabanna R Chowdhury delivered a lecture on communicable diseases and their remedies. She mentioned the ways and practices people should follow to get away from these diseases. The students and teachers interacted with Dr. Chowdhury and they learned a lot.
After the seminar on Health Awareness , a General Health Health Check Up Program was conducted by the experts and experienced Medical assistants from The Central Calcutta Society for advancement of Human development and Research. Weight, height and blood pressure were measured for each student, teacher and non teaching staff. Dr. Banerjee, and Dr. Chowdhury checked the Heart and Lung of each of the participants and gave them medical advice for Healthy life style .
Almost 100 students, 15 teachers and 10 non teaching staff went through General Health Check up.
The Program was a big success.
The Program Officer, volunteers and the other members of the NSS Unit of Bidhannagar College conducted the Program smoothly and efficiently.

ACTIVITY NO.4

1. Name of the Event & Date of Each activity :
Bidhannagr College Cleaning Program on 31st March, 2015.

2. Title of the Program : Bidhannagr College Cleaning

3. Organisation/Institute/Speaker Associated in the Scheme :

The students including volunteers of NSS Unit of Bidhannagar College, teachers and Non teaching staff took part in this college cleaning Program.

4. Nature of participation : Teacher/Student/Office Staff/Individuals from outside :

Students including volunteers of NSS Unit of Bidhannagar College, Teachers and non teaching staff of Bidhannagar College took part in this Program.

5. No. of Participants/Audience/Respondents in each Program :

20 teachers, 200 students and 20 non teaching staff took part in this Program.

6. Nature of Social Outcome. Consequences of each Program :

The NSS Unit of Bidhannagar College organized a college cleaning Program on 31st March, 2015. Various groups from all 16 departments of the college were formed. Each group consisted of one teaching staff, one non teaching staff and at least 10 students from each department. Geography and some other departments consisted of more than 20 students in their groups.

Each group was provided with brooms, dusters, dust collectors, Phenyl, soap and other cleaning materials for cleaning the respective departments.

Almost 200 students including volunteers, 20 teachers and 20 non teaching staff took part in this cleaning process with great interest and enthusiasm.

All the departmental rooms, laboratories and entire passage of the college were cleaned by the students. The teaching and non teaching staff extended their helping hands in the entire cleaning process from the beginning till end.

The Program was a great success.

The Program Officer, volunteers and the other members of the NSS Unit of Bidhannagar College conducted the Program smoothly and efficiently.
